


# Managing anxiety in children

 **NAMI Bucks County PA**  
National Alliance on Mental Illness

 **Children's Hospital  
of Philadelphia**

NAMI & CHOP PRIMARY CARE NEWTOWN  
PRESENT A **FREE TALK** FOR PARENTS & CAREGIVERS



## ANXIETY IN CHILDREN AND TEENS

EVERYDAY TECHNIQUES TO **CALM ANXIETY**  
AND **MEDICATION MYTH BUSTERS**

**FEB. 8, 2024 @ 6:30PM • IN PERSON**

**FREE LIBRARY OF NORTHAMPTON TOWNSHIP**  
25 UPPER HOLLAND RD, RICHBORO, PA 18954

**PRESENTERS INCLUDE:**

DEBORAH PULVER, MD; URSZULA WIERCISZEWSKA, MD;  
KELLY CANN, MD; SUSAN LOGIUDICE, LCSW  
LORA KLEIN, LSW AND MODERATOR NALINE LAI, MD

REGISTRATION IS REQUIRED AT:

**[WWW.NAMIBUCKSPA.ORG/ANXIETY](http://WWW.NAMIBUCKSPA.ORG/ANXIETY)**



Parents local to Northampton Township, PA: We welcome you to come hear local pediatricians from The Children's Hospital of

Philadelphia and mental health experts talk about basic ways you can help manage anxiety and some information about medications for children and teens on February 8, 2024 at 6:30pm in the Northampton Library.

The talk is free and there will be time for questions. Please register so we set up enough chairs!

Special note: your Two Peds will be in attendance. Hope to see you there!

Naline Lai, MD and Julie Kardos, MD

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