

Managing anxiety in children

 **NAMI Bucks County PA**
National Alliance on Mental Illness

 **Children's Hospital
of Philadelphia**

NAMI & CHOP PRIMARY CARE NEWTOWN
PRESENT A **FREE TALK** FOR PARENTS & CAREGIVERS

ANXIETY IN CHILDREN AND TEENS

EVERYDAY TECHNIQUES TO **CALM ANXIETY**
AND **MEDICATION MYTH BUSTERS**

FEB. 8, 2024 @ 6:30PM • IN PERSON

FREE LIBRARY OF NORTHAMPTON TOWNSHIP
25 UPPER HOLLAND RD, RICHBORO, PA 18954

PRESENTERS INCLUDE:

DEBORAH PULVER, MD; URSZULA WIERCISZEWSKA, MD;
KELLY CANN, MD; SUSAN LOGIUDICE, LCSW
LORA KLEIN, LSW AND MODERATOR NALINE LAI, MD

REGISTRATION IS REQUIRED AT:

WWW.NAMIBUCKSPA.ORG/ANXIETY



Parents local to Northampton Township, PA: We welcome you to come hear local pediatricians from The Children's Hospital of

Philadelphia and mental health experts talk about basic ways you can help manage anxiety and some information about medications for children and teens on February 8, 2024 at 6:30pm in the Northampton Library.

The talk is free and there will be time for questions. Please register so we set up enough chairs!

Special note: your Two Peds will be in attendance. Hope to see you there!

Naline Lai, MD and Julie Kardos, MD

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